

**East Grinstead Triathlon 2026**  
**Final Start List**

Race Number	Start Time	First Name	Last Name	Race Entered	Club
077	07:35	Paul	Abbott	East Grinstead Triathlon 2026	
078	09:40	Peter	Adams	East Grinstead Triathlon 2026	Tri Surrey
134	07:55	Imogen	Adshead	East Grinstead Triathlon 2026	
135	07:55	Paul	Ahsunollah	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
179	09:30	Karl	Alexander	East Grinstead Triathlon 2026	Tri Tempo
223	08:40	Jack	Algar	East Grinstead Triathlon 2026	
079	07:35	Robert	Allen	East Grinstead Triathlon 2026	
310	09:20	James	Andrews	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
020	07:00	Harrison	Antino	East Grinstead Triathlon 2026	
181	09:10	Leanne	Arundel-Jackson	East Grinstead Triathlon 2026	Epsom Triathlon Club
080	09:40	Anita	Asghar	East Grinstead Triathlon 2026	Tri Surrey
182	08:15	Darryn	Ashford	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
156	09:40	Jane	Ashton	East Grinstead Triathlon 2026	Tri Surrey
081	07:35	Roberta	Atkinson	East Grinstead Triathlon 2026	
130	07:50	Alper	Aydin	East Grinstead Triathlon 2026	
136	07:55	Thomas	Bailey	East Grinstead Triathlon 2026	
226	08:40	James	Baker	East Grinstead Triathlon 2026	7Oaks Tri Club
289	09:40	Darren	Ballinger	East Grinstead Triathlon 2026	Tri Surrey
215	09:10	Louis	Bamberger	East Grinstead Triathlon 2026	Epsom Triathlon Club
506	08:10	Marian	Barnacle	East Grinstead Try-a-Tri 2026	
216	08:35	Paul	Barnard	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
213	09:40	Sara	Barry	East Grinstead Triathlon 2026	Tri Surrey
507	08:10	Freddie	Beall	East Grinstead Try-a-Tri 2026	
055	08:05	Peter	Bedingfield	East Grinstead Triathlon 2026	Class of 86 - East Grinstead CC
082	07:35	Graham	Bickmore	East Grinstead Triathlon 2026	
083	07:35	Mark	Bidewell	East Grinstead Triathlon 2026	
084	09:00	Garry	Birch	East Grinstead Triathlon 2026	Ashford Tri Club
227	08:40	Derek	Blackall	East Grinstead Triathlon 2026	East Grinstead Tri Club class of 86
132	09:50	Jane	Blunt	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
085	07:35	Alexander	Bolden	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
137	07:55	Ian	Bond	East Grinstead Triathlon 2026	Class of 86
010	07:00	James	Bovill	East Grinstead Relay Triathlon 2026	
086	07:35	Catherine	Bowles	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
170	09:50	John	Bowman	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
074	07:35	Steve	Boyne	East Grinstead Relay Triathlon 2026	Class of 86
087	07:35	Julie	Bradford	East Grinstead Triathlon 2026	
014	07:00	Mike	Breen	East Grinstead Triathlon 2026	
138	07:55	Olesia	Breese	East Grinstead Triathlon 2026	
228	08:40	Lucy	Brett	East Grinstead Triathlon 2026	Swim-1st Triathlon Club
157	09:50	Chris	Broad	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
088	07:40	Kyron	Brook	East Grinstead Triathlon 2026	
031	07:10	Claire	Brooks	East Grinstead Triathlon 2026	Tri Harder
030	07:10	Robi	Brooks	East Grinstead Triathlon 2026	Tri Harder
229	08:40	Tim	Brooks	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
120	09:30	Geoff	Brown	East Grinstead Relay Triathlon 2026	Tri Tempo
089	07:40	William	Brown	East Grinstead Triathlon 2026	
273	09:05	Jim	Burdett	East Grinstead Triathlon 2026	South London Harriers
128	07:50	Melanie	Burdett	East Grinstead Triathlon 2026	
033	07:10	Karen	Burgess	East Grinstead Triathlon 2026	
292	09:00	Ewan	Burns	East Grinstead Triathlon 2026	7Oaks Tri Club
268	08:50	Helen Jane	Burston	East Grinstead Triathlon 2026	7Oaks Tri Club
021	07:10	Joe	Byrne	East Grinstead Triathlon 2026	
279	09:20	Nici	Cahusac	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
313	09:00	Sean	Callow	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
158	08:00	adam	campbell	East Grinstead Triathlon 2026	
256	08:50	Kevin	Campbell	East Grinstead Triathlon 2026	
255	09:10	Matthew	Cantwell	East Grinstead Triathlon 2026	Epsom Triathlon Club
437	08:35	Luisa	Capasso	East Grinstead Aquabike 2026	
183	08:15	Adam	Carter	East Grinstead Triathlon 2026	
121	07:50	Hannah	Cartledge	East Grinstead Relay Triathlon 2026	Lingfield RC
075	07:35	Tom	Cartledge	East Grinstead Triathlon 2026	Lingfield RC
269	09:05	Mark	Cawood	East Grinstead Triathlon 2026	South London Harriers
271	08:55	Owen	Cawood	East Grinstead Triathlon 2026	
257	08:50	Luke	Chamberlain	East Grinstead Triathlon 2026	
035	07:10	Keith	Chambers	East Grinstead Triathlon 2026	Lingfield Running Club
217	08:35	Richard	Clark	East Grinstead Triathlon 2026	
508	08:10	Ben	Clarke	East Grinstead Try-a-Tri 2026	

**East Grinstead Triathlon 2026**  
**Final Start List**

022	07:10	Richard	Clay	East Grinstead Triathlon 2026	
230	09:10	Shelley	Cleghorn	East Grinstead Triathlon 2026	Epsom Triathlon Club
090	07:40	Leon	Clements	East Grinstead Triathlon 2026	
509	08:10	Karin	Clifford	East Grinstead Try-a-Tri 2026	
177	08:10	Isobel	Clifton	East Grinstead Triathlon 2026	Kingfisher Triathletes
293	09:20	Lynda	Coggins	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
122	09:40	Joanna	Collins	East Grinstead Triathlon 2026	Tri Surrey
159	09:50	Sue	Cooper	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
184	08:15	Sarah	Coster	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
300	09:00	Phil	Couch	East Grinstead Triathlon 2026	Mid Sussex Triathlon Club
139	07:55	Benjamin	Crawford	East Grinstead Triathlon 2026	Southborough and District Wheelers
032	07:10	Sam	Crisp	East Grinstead Triathlon 2026	
231	08:40	Terry	Crittenden	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
280	09:10	Simon	Crook	East Grinstead Triathlon 2026	Epsom Triathlon Club
218	08:40	Andrew	Crossley	East Grinstead Triathlon 2026	
171	09:40	Pippa	Cumbers	East Grinstead Triathlon 2026	Tri Surrey
056	07:20	Isabella	Curtis	East Grinstead Triathlon 2026	
281	08:05	Martin	Darlison	East Grinstead Triathlon 2026	Class of 86 - East Grinstead Tri Club
091	07:40	Abbey	David	East Grinstead Triathlon 2026	East Grinstead Tri Club
140	07:55	Tom	Dennehy	East Grinstead Triathlon 2026	
219	09:40	John	Diamond	East Grinstead Triathlon 2026	Tri Surrey
057	07:20	Sue	Diamond	East Grinstead Triathlon 2026	
232	08:40	Christopher	Dick	East Grinstead Triathlon 2026	7Oaks Tri Club
233	09:10	Elliott	Dickeson	East Grinstead Triathlon 2026	Epsom Triathlon Club
092	07:40	Robert	Dickson	East Grinstead Triathlon 2026	
274	08:55	james	dodd	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
258	08:50	Simon	Douthwaite	East Grinstead Triathlon 2026	
036	07:10	Paul	Dowling	East Grinstead Triathlon 2026	
185	08:15	Brian	Downton	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
093	09:05	Sian	Dudgeon	East Grinstead Triathlon 2026	South London Harriers
510	08:10	Georgina	Dunn	East Grinstead Try-a-Tri 2026	
160	08:05	Lee	Edwards	East Grinstead Triathlon 2026	
050	07:20	terry	emmerston	East Grinstead Triathlon 2026	
282	08:55	Ben	Evans	East Grinstead Triathlon 2026	Mersey Tri
186	08:20	Gareth	Evans	East Grinstead Triathlon 2026	
094	09:40	Robin	Evans	East Grinstead Triathlon 2026	Tri Surrey
141	07:55	Thomas	Evans	East Grinstead Triathlon 2026	
072	07:30	Ruth	Farnell	East Grinstead Triathlon 2026	Women in Tri UK
511	08:10	Amy	Ferguson	East Grinstead Try-a-Tri 2026	
142	09:00	Aurore	Festaud	East Grinstead Triathlon 2026	Ashford Tri Club
259	08:50	Paul	Fielder	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
512	08:10	Charlotte	Finlayson-Green	East Grinstead Try-a-Tri 2026	
513	08:20	Evan	Finlayson-Green	East Grinstead Try-a-Tri 2026	
058	07:20	Nigel	Finley	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
187	08:20	James	Fisher	East Grinstead Triathlon 2026	
314	09:10	Lee	Fisher	East Grinstead Triathlon 2026	Epsom Triathlon Club
224	09:40	Richard	Fletcher	East Grinstead Triathlon 2026	Tri Surrey
501	08:00	Rory	Ford	East Grinstead Try-a-Tri - Youth Race 2026	Tri Tempo
029	07:10	Lianne	Foreman	East Grinstead Triathlon 2026	Bexhill Runners and Triathletes
234	08:40	ian	Forrest	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
017	07:00	Craig	Francis	East Grinstead Triathlon 2026	
095	07:40	Joanne	French	East Grinstead Triathlon 2026	Women in Tri UK
066	07:30	Jacob	Fricke	East Grinstead Triathlon 2026	
235	09:05	Jonathan	Froome	East Grinstead Triathlon 2026	South London Harriers
294	09:05	Jonathan	Froome	East Grinstead Triathlon 2026	South London Harriers
188	08:20	Wendy	Frost	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
161	09:50	John	Fuller	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
019	07:00	Kath	garrido	East Grinstead Relay Triathlon 2026	Class of 86
023	07:10	Nigel	Gater	East Grinstead Triathlon 2026	
001	07:00	michael	Gaunt	East Grinstead Triathlon 2026	EG Fire crew
214	09:00	Paul	Gauntlett	East Grinstead Triathlon 2026	Ashford Tri Club
295	09:05	Ross	Gentry	East Grinstead Triathlon 2026	South London Harriers
236	08:40	Steven	Georgiadis	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
237	09:00	Lee	Gladwell	East Grinstead Triathlon 2026	Ashford Tri Club
275	08:55	Tom	Goddard	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
260	08:50	Paul	Golding	East Grinstead Triathlon 2026	Steyning Athletic Club
438	09:50	Diana	Goldsmith	East Grinstead Aquabike 2026	Tunbridge Wells Triathlon Club

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024	07:10	Sam	Goldsmith	East Grinstead Triathlon 2026	
189	09:05	Katie	Goodliffe	East Grinstead Triathlon 2026	South London Harriers
096	07:40	Jen	Goodwin	East Grinstead Triathlon 2026	
238	08:45	Alex	Grabsky	East Grinstead Triathlon 2026	Brighton Phoenix
502	08:00	Olivia	Graham	East Grinstead Try-a-Tri - Youth Race 2026	Swim-1st Triathlon Club
190	08:20	Andrew	Green	East Grinstead Triathlon 2026	
065	07:30	Christine	Griffin	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
143	09:30	Rachael	Grimes	East Grinstead Triathlon 2026	Tri Tempo
162	09:30	Simon	Grimes	East Grinstead Triathlon 2026	Tri Tempo
180	08:15	Rob	Hadden	East Grinstead Triathlon 2026	7Oaks Tri Club
144	07:55	Alexandra	Hale	East Grinstead Triathlon 2026	
514	08:20	David	Halloway	East Grinstead Try-a-Tri 2026	
012	08:05	Michael	Hardy	East Grinstead Triathlon 2026	Class of 86
067	07:30	Andrew	Harker	East Grinstead Triathlon 2026	
191	09:05	Bruce	Harrold	East Grinstead Triathlon 2026	South London Harriers
261	08:50	Alex	Harvey	East Grinstead Triathlon 2026	
515	08:20	Jennifer	Harvey	East Grinstead Try-a-Tri 2026	
192	08:20	Eren	Hasan	East Grinstead Triathlon 2026	
097	07:40	Tamsin	Haste	East Grinstead Triathlon 2026	
007	07:00	Constantine	Hatzidakis	East Grinstead Triathlon 2026	
098	07:40	Alex	Hatzisavas	East Grinstead Triathlon 2026	
299	09:20	Neil	Hayfield	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
239	08:45	David	Henderson	East Grinstead Triathlon 2026	
015	07:00	Philip	Henderson	East Grinstead Triathlon 2026	
073	07:35	Debbie	Hewitt	East Grinstead Triathlon 2026	Portsmouth Triathletes
076	07:35	Paul	Hewitt	East Grinstead Triathlon 2026	
051	07:20	james	hicks	East Grinstead Triathlon 2026	
220	08:40	Tim	Hilder	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
306	09:00	Paul	Hilditch	East Grinstead Triathlon 2026	
037	07:20	JAMIE	HILL	East Grinstead Triathlon 2026	
193	09:40	Sage	Hilton	East Grinstead Triathlon 2026	Tri Surrey
059	07:20	Maurice	Histed	East Grinstead Triathlon 2026	East Grinstead Tri Club Class of 86
002	07:00	Damien	Hodgson	East Grinstead Triathlon 2026	EG Fire Crew
194	08:20	James	Holden	East Grinstead Triathlon 2026	George Coaching Race Team
043	07:20	David	Holloway	East Grinstead Triathlon 2026	Dorking and Mole Valley AC
307	09:00	Mark	Hooker	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
163	08:05	jarrard	howe	East Grinstead Triathlon 2026	
123	07:50	Katy	Hubbard	East Grinstead Triathlon 2026	
516	08:20	andrew	humroy	East Grinstead Try-a-Tri 2026	
311	09:30	Ethan	Hunter	East Grinstead Triathlon 2026	Tri Tempo
276	09:30	Nathan	Hunter	East Grinstead Triathlon 2026	Tri Tempo
288	09:10	Simon	Irwin	East Grinstead Triathlon 2026	Epsom Triathlon Club
517	08:20	Ollie	Jarman	East Grinstead Try-a-Tri 2026	
518	08:20	Lizzy	Jarvis	East Grinstead Try-a-Tri 2026	
195	08:25	Andrew	Jenks	East Grinstead Triathlon 2026	
308	09:00	Calvin	Johnson	East Grinstead Triathlon 2026	
047	07:20	Hazel	Johnson	East Grinstead Triathlon 2026	
048	07:20	Hazel	Johnson	East Grinstead Triathlon 2026	
439	09:20	Ruth	Jones	East Grinstead Aquabike 2026	Velo Club Godalming Haslemere
519	08:20	Conor	Joyce	East Grinstead Try-a-Tri 2026	
277	08:55	Melody	Kane	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
240	08:45	Evgenia	Katsoni	East Grinstead Triathlon 2026	Women in Tri UK
060	07:30	Peter	Kelly	East Grinstead Triathlon 2026	
520	08:20	Susan	Kelly	East Grinstead Try-a-Tri 2026	
301	09:30	Eloise	Key	East Grinstead Triathlon 2026	Tri Tempo
440	09:50	Suzannah	Kinsella	East Grinstead Aquabike 2026	Tunbridge Wells Triathlon Club
196	08:25	John	Knapman	East Grinstead Triathlon 2026	
164	08:05	Giles	Kolter	East Grinstead Triathlon 2026	Mid Sussex Triathlon Club
145	09:50	Francis	Leary	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
248	08:45	Martin	Leat	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
262	08:50	Gary	Lee	East Grinstead Triathlon 2026	
212	09:40	SERGIO	Lima DE BARROS	East Grinstead Triathlon 2026	Tri Surrey
278	08:55	Catherine	Linney	East Grinstead Triathlon 2026	7Oaks Tri Club
068	07:30	Koren	Livesey	East Grinstead Triathlon 2026	
241	08:45	Rhodri	Llewelyn	East Grinstead Triathlon 2026	
290	08:55	Jordan	Lockett	East Grinstead Triathlon 2026	Ocean Lake Tri
503	08:00	Isabella	Lyons	East Grinstead Try-a-Tri - Youth Race 2026	

**East Grinstead Triathlon 2026**  
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521	08:20	Ivor	Lyons	East Grinstead Try-a-Tri 2026	
296	09:05	Scott	Mackenzie	East Grinstead Triathlon 2026	South London Harriers
165	09:50	Jocelyn	Mahon	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
025	07:10	Lauren	Mallett	East Grinstead Triathlon 2026	
197	08:25	Simon	Mann	East Grinstead Triathlon 2026	7Oaks Tri Club
305	09:10	Justin	Marshall	East Grinstead Triathlon 2026	Epsom Triathlon Club
099	07:40	Letitia	Martin	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
441	07:50	Neil	Mason	East Grinstead Aquabike 2026	
038	07:20	Rich	May	East Grinstead Triathlon 2026	
442	09:40	Chris	Mayhew	East Grinstead Aquabike 2026	Tri Surrey
443	07:50	Christina	Mccarrick	East Grinstead Aquabike 2026	
247	09:20	Helen	McClure	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
272	08:55	Ian	McGrath	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
131	09:05	Nicholas	McNamara	East Grinstead Triathlon 2026	South London Harriers
253	09:10	Becky	McNicholas	East Grinstead Triathlon 2026	Epsom Triathlon Club
198	08:25	James	McPhun	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
199	09:30	George	Message	East Grinstead Triathlon 2026	Tri Tempo
283	09:20	Anel	Meyer	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
263	09:00	Alex	Milne	East Grinstead Triathlon 2026	Ashford Tri Club
522	08:20	Amy	Mitchell	East Grinstead Try-a-Tri 2026	South London Harriers
444	08:50	Lee	Mitchell	East Grinstead Triathlon 2026	
046	07:20	Sam	Mitchell	East Grinstead Relay Triathlon 2026	
174	08:10	Paul	Mittonette	East Grinstead Triathlon 2026	Mid Sussex Triathlon Club
146	09:05	Clinton	Moore	East Grinstead Triathlon 2026	South London Harriers
200	08:25	Sophia	Moreau	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
523	08:30	Mandy	Muggridge	East Grinstead Try-a-Tri 2026	
100	07:40	Alastair	Muir	East Grinstead Triathlon 2026	
302	09:00	Shaun	Mullen	East Grinstead Triathlon 2026	7Oaks Tri Club
201	08:25	Imogen	Munday	East Grinstead Triathlon 2026	
101	07:40	Emma	Murphy	East Grinstead Triathlon 2026	
054	09:30	Tania	Murray	East Grinstead Triathlon 2026	Tri Tempo
148	07:55	Liam	Nicholls	East Grinstead Triathlon 2026	
147	07:55	Poppy	Nicholls	East Grinstead Triathlon 2026	
287	08:55	David	Nicol	East Grinstead Triathlon 2026	Brighton Tri Club
202	08:30	Robert	Nolan-Mitchell	East Grinstead Triathlon 2026	
061	07:30	Craig	Norman	East Grinstead Triathlon 2026	
069	07:30	Christopher	Nye	East Grinstead Triathlon 2026	
124	07:50	Antony	Oliver	East Grinstead Triathlon 2026	Mid Sussex Triathlon Club
003	07:00	Jack	Osborne	East Grinstead Triathlon 2026	EG Fire crew
039	07:20	Claire	Overfield	East Grinstead Triathlon 2026	
166	08:05	Tobi	Owens	East Grinstead Triathlon 2026	
053	09:40	Colin	Oxlade	East Grinstead Triathlon 2026	Tri Surrey
102	07:45	Kate	Pain	East Grinstead Triathlon 2026	
204	08:30	Craig	Pargetter	East Grinstead Triathlon 2026	
203	08:30	Katie	Pargetter	East Grinstead Triathlon 2026	
264	09:20	Henry	Parker	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
205	08:30	Kauslya	Patel	East Grinstead Triathlon 2026	Steyning Athletic Club
254	08:50	Les	Pearce	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
250	08:45	Arran	Peck	East Grinstead Triathlon 2026	
504	08:00	Samuel	Pepper	East Grinstead Try-a-Tri - Youth Race 2026	
008	09:40	Darren	Perkin	East Grinstead Triathlon 2026	Tri Surrey
103	08:05	Hilary	Phillips	East Grinstead Triathlon 2026	Class of 86
206	09:30	Jamie	Phillips	East Grinstead Triathlon 2026	Tri Tempo
133	07:50	Neil	Phillips	East Grinstead Triathlon 2026	President Blinds LTD
018	09:40	Alison	Plant	East Grinstead Triathlon 2026	Tri Surrey
104	07:45	Alice	Pledger-Reid	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
303	09:05	Jonathan	Pontin	East Grinstead Triathlon 2026	South London Harriers
524	08:30	Dee	Poole	East Grinstead Try-a-Tri 2026	Tri Tempo
270	08:55	Ray	Powell	East Grinstead Triathlon 2026	Steyning Athletic Club
251	08:45	Helen	Price	East Grinstead Triathlon 2026	
044	07:20	Gayle	Priestley	East Grinstead Triathlon 2026	
105	07:45	Kieran	Prinsloo	East Grinstead Triathlon 2026	
207	09:20	Gregory	Pritchard	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
149	07:55	Barrie	Prowse	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
011	07:00	Karen	Puddefoot	East Grinstead Triathlon 2026	
312	09:00	dan	purchase	East Grinstead Triathlon 2026	
309	09:00	Toby	Raine	East Grinstead Triathlon 2026	

**East Grinstead Triathlon 2026**  
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525	08:30	Stephanie	Ramsdale	East Grinstead Try-a-Tri 2026	
242	09:30	Lukas	Ratcliffe	East Grinstead Triathlon 2026	Tri Tempo
315	09:00	Grant	Ray-Howett	East Grinstead Triathlon 2026	
208	08:30	Ben	Read	East Grinstead Triathlon 2026	
291	09:50	Thomas	Readman	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
265	09:50	Jennifer	Rhodes	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
172	08:10	Matthew	Riding	East Grinstead Triathlon 2026	Brownlee Fitness
284	08:55	Nick	Ripley	East Grinstead Triathlon 2026	Team Jameson
316	09:00	Charlotte	Robinson	East Grinstead Triathlon 2026	Swim-1st Triathlon Club
167	08:05	Agnes	Rogers	East Grinstead Triathlon 2026	East Grinstead Tri Club
297	09:00	Jessica	Rosa	East Grinstead Triathlon 2026	TriBird Coaching
106	07:45	joshua	ross	East Grinstead Triathlon 2026	
107	07:45	Sophie	Runnacles	East Grinstead Triathlon 2026	
004	07:00	Adrian	Sadler	East Grinstead Triathlon 2026	EG Fire crew
129	07:50	Gary	Sage	East Grinstead Triathlon 2026	
246	08:45	Michael	Salter	East Grinstead Triathlon 2026	Born2Tri
445	08:35	Michael	Savage	East Grinstead Aquabike 2026	Horsham Amphibians Triathlon
285	08:55	robert	Scott	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
040	09:30	Dale	Scowen	East Grinstead Triathlon 2026	Tri Tempo
108	09:30	Claudia	Shand	East Grinstead Triathlon 2026	Tri Tempo
526	08:30	Grace	Shearing	East Grinstead Try-a-Tri 2026	
266	08:50	Sarah	Shepherd	East Grinstead Triathlon 2026	
267	08:05	roger	sheridan	East Grinstead Triathlon 2026	Class of 86
026	07:10	Alina	Shuba	East Grinstead Triathlon 2026	
109	07:45	Yevhen	Shuba	East Grinstead Triathlon 2026	East Grinstead Tri Club
168	08:05	Leah	Simms	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
045	09:30	Amanda	Simpson	East Grinstead Triathlon 2026	Tri Tempo
064	09:20	Nikki	Simpson	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
150	08:00	Julian	skinner	East Grinstead Triathlon 2026	
034	07:10	Alison	Slingsby	East Grinstead Triathlon 2026	
505	08:00	Ben	Slingsby	East Grinstead Try-a-Tri - Youth Race 2026	
111	07:45	Anne Marie	Smith	East Grinstead Triathlon 2026	
110	07:45	Kelly	Smith	East Grinstead Triathlon 2026	The Black Tri Tribe
527	08:30	Sandra	Smith	East Grinstead Try-a-Tri 2026	
209	08:30	Jennifer	Souter	East Grinstead Triathlon 2026	
125	09:00	Sarah	Spencer	East Grinstead Triathlon 2026	Ashford Tri Club
178	08:15	Toby	Spibey	East Grinstead Triathlon 2026	East Grinstead Tri Club
126	07:50	Tony	Stanaway	East Grinstead Triathlon 2026	
173	08:10	Rhian	Standley	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
112	07:45	Sophie	Steel	East Grinstead Triathlon 2026	Tri Spirit Team
298	09:50	George	Stoate	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
113	07:45	Matthew	Stockwood	East Grinstead Triathlon 2026	Lingfield RC
155	08:00	Elliott	Stuart	East Grinstead Triathlon 2026	Kingfisher Triathletes
446	07:10	Antonia	Sworder	East Grinstead Aquabike 2026	
127	07:50	Eva	Tabaton	East Grinstead Triathlon 2026	
016	07:00	Mark	Taylor	East Grinstead Triathlon 2026	
027	07:10	Susan	Taylor	East Grinstead Triathlon 2026	
009	07:00	Matthew	Terry	East Grinstead Triathlon 2026	
528	08:30	Rebecca	Thompson	East Grinstead Try-a-Tri 2026	
210	08:35	ian	Thorpe	East Grinstead Triathlon 2026	
041	09:50	Lee	Tomlinson	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
529	08:30	Kerri	Towner	East Grinstead Try-a-Tri 2026	
211	08:35	Peter	Townson	East Grinstead Triathlon 2026	
062	07:30	Alexandra	Trantor	East Grinstead Triathlon 2026	
042	07:20	Colin	Trantor	East Grinstead Triathlon 2026	
028	09:30	David	Travers	East Grinstead Triathlon 2026	Tri Tempo
114	09:05	Maureen	Traynor	East Grinstead Triathlon 2026	South London Harriers
221	08:40	Colin	Trigg	East Grinstead Triathlon 2026	Brighton Phoenix
151	09:40	Phill	Trzcinski	East Grinstead Triathlon 2026	Tri Surrey
005	07:00	Mark	Turner	East Grinstead Triathlon 2026	EG Fire crew
286	09:20	Sophie	Vallis	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
169	09:20	David	Ventress	East Grinstead Triathlon 2026	Velo Club Godalming Haslemere
304	09:10	Ellen	Vermeulen	East Grinstead Triathlon 2026	Epsom Triathlon Club
063	07:30	Adam	Vile	East Grinstead Triathlon 2026	
115	07:45	Catherine	Vollmer Humm	East Grinstead Triathlon 2026	
006	07:00	Kevin	Wadey	East Grinstead Triathlon 2026	EG Fire crew
175	08:10	Paul	Wafer	East Grinstead Triathlon 2026	Lewes AC

**East Grinstead Triathlon 2026  
Final Start List**

243	08:45	Mark	Walker	East Grinstead Triathlon 2026	
052	07:20	James	Wall	East Grinstead Triathlon 2026	Dartford & White Oak Triathlon Club
225	09:50	Julian	Ward	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
116	08:05	Bill	Wates	East Grinstead Triathlon 2026	Class of 86 - Seaford Merfolk
153	08:00	Christian	Watkins	East Grinstead Triathlon 2026	
152	08:00	Ian	Watkins	East Grinstead Triathlon 2026	
244	08:45	Alex	Webb	East Grinstead Triathlon 2026	Tuff Fitty Triathlon Club
013	08:05	Ron	Webb	East Grinstead Triathlon 2026	Class of 86
249	08:45	William	Webber	East Grinstead Triathlon 2026	Maidstone Harriers Tri Club
530	08:30	Paul	Wellman	East Grinstead Try-a-Tri 2026	
245	08:45	Meg	West	East Grinstead Triathlon 2026	
117	07:45	Nick	West	East Grinstead Triathlon 2026	
118	09:50	Jeannette	White	East Grinstead Triathlon 2026	Tunbridge Wells Triathlon Club
318	09:00	Stuart	White	East Grinstead Triathlon 2026	
252	08:50	Natalie	Wickings	East Grinstead Triathlon 2026	Hillingdon Triathletes
154	08:00	Robert	Wickings	East Grinstead Triathlon 2026	Hillingdon Triathletes
049	09:40	Nicola	Wilding	East Grinstead Triathlon 2026	Tri Surrey
071	07:30	Debbie	Wilkes	East Grinstead Relay Triathlon 2026	
317	09:00	James	Willis	East Grinstead Relay Triathlon 2026	
531	08:30	Jennifer	Willis	East Grinstead Try-a-Tri 2026	Lingfield Running Club
070	07:30	Ben	Wimble	East Grinstead Triathlon 2026	
176	08:10	karen	winder	East Grinstead Triathlon 2026	
222	09:10	Steve	Winder	East Grinstead Triathlon 2026	Epsom Triathlon Club
532	08:30	Abi	Woodman	East Grinstead Try-a-Tri 2026	
119	07:50	Edward	Wright	East Grinstead Triathlon 2026	Class of 86