

<b>Document:</b>	<b>Code of Conduct for Members</b>
<b>Reviewed by:</b>	Timothy Coogan – Chair
<b>Date of previous review:</b>	1 <sup>st</sup> October 2022
<b>Agreed by committee:</b>	
<b>Date of next review:</b>	January 2028

This code of conduct should be read in conjunction with other Club Policies and Rules which provide more detail on specific aspects.

### **General Code of Conduct**

As a member of East Grinstead Triathlon Club, you are expected to abide by the following general code of practice:

- stay up to date with EGTC Policies and rules, understand and adhere to them.
- take safety of self and fellow club members into consideration during all club-related activities
- inform coaches of injuries prior to starting a training session, or during the session should any injuries occur
- inform Club Secretary of any changes since completing the membership form and in particular with regard to health conditions.
- recognise the valuable contribution made by coaches club officials and other volunteers
- respect officials and publicly accept their decisions.
- be a positive role model, by treating other athletes and officials with the same level of respect you would expect to be shown to you.
- use correct and proper language at all times.
- do not smoke, consume alcohol or drugs whilst training or participating as a representative of the club.
- keep to agreed timings for training and competitions or inform the session coach if they are going to be late.
- wear suitable kit for training sessions
- pay any fees for training or events promptly.

### **Swimming Sessions**

The local swimming pool rules must be adhered to. In open water members must make themselves aware of all specific dangers relating to the chosen location. They must take their own appropriate safety precautions and ensure reasonable safety cover is in place. Members must not swim in prohibited areas.

### **Cycling Sessions**

Helmets must be worn. Cyclists must obey the Highway Code and be courteous to other road users.

### **Running Sessions**

Members must have due regard for pedestrians and other legitimate users of footpaths, roads and bridleways as well as any other users of the land.

Any questions or concerns related to this policy can be raised to the Chair.